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The resources that the affluent devote to their children are driving a gap between the academic outcomes of well-to-do children and everyone else, writes Sarah Garland in The Atlantic Monthly. That widening divide means kids born poor and kids born rich are increasingly likely to stay that way. When Martin Luther King Jr. gave his "I Have a Dream" speech a half-century ago, blacks lagged whites in school by more than three years. At the time, those in the 10th percentile of income lagged affluent children by a year. Fifty years on, social class is the chief determiner of opportunity in America. The country is far from fulfilling King's dream that race no longer limit opportunity, but parental income is more and more significant.

According to a 2011 study from Stanford, the test-score gap between children of the poor (10th percentile of income) and children of the wealthy (90th percentile) has expanded by 40 percent and is 50 percent larger than the black-white achievement gap -- a reversal of 50 years ago. Middle-class children are also losing ground. The test-score gap between middle-income (50th percentile) and poor children has stayed steady; the gap between affluent kids and middle-class kids is expanding. And though more poor and middle-income children are completing college, this is outstripped by the growth in college graduates among the wealthiest.

## *When Class Became More Important to a Child's Education than Race*

In 1963, kids in the 10th percentile of income fell behind children in the upper echelon of wealth by about a year or so. Today, that gap is closer to four years.

Read entire article at The Atlantic <http://www.theatlantic.com/national/archive/2013/08/when-class-became-more-important-to-a-childs-education-than-race/279064/>

**What's on the NDE homepage**

NeSA Accountability Test Scores  
NeSA 2013 Writing Results  
McREL Alignment Study for Language Arts  
Six Schools named National Blue Ribbon  
Teacher/Principal Performance Frameworks  
2013 Ann Mactier Leadership application

<http://www.education.ne.gov/>

## \$37 a month-\$30 a month- \$60 a month

Download the report at <http://www.nokidhungry.org/back-to-school/>



This is the average of what teachers and principals spend from their pockets each month to feed their students. For many, the only meal is the free breakfast at school. Their tummies are hungry, they

can't concentrate, according to over 1,200 teachers and principals in grades kindergarten through eighth grade.

Half of Teachers Report Hunger is a Serious Problem in Their Classrooms  
Article at [www.takepart.com/education](http://www.takepart.com/education)

*"Racism isn't born, folks, it's taught. I have a two-year-old son. You know what he hates? Naps! End of list."*

*-Dennis Leary*

# Do you see my color in there?



Racism is alive and well in 2013. It hides behind people, it hides behind buildings, it hides the pencil, it hides behind our hearts.

CNN invited readers to share stories and experiences of their "everyday racism." Please note these stories can be powerful, frank and honest with language. Join the conversation, end racism. The article title is "50 years after King, hidden racism lives on."

[http://www.cnn.com/interactive/2013/08/us/everyday-racism/index.html?hpt=hp\\_c2](http://www.cnn.com/interactive/2013/08/us/everyday-racism/index.html?hpt=hp_c2)

"Children Are Not Colorblind: How Young Children Learn Race" is an article by Erin Winkler, University of Wisconsin. She explains that children develop racial biases by ages three to five. A quick, interesting read. [http://www4.uwm.edu/letsci/africology/faculty/upload/children\\_colorblind.pdf](http://www4.uwm.edu/letsci/africology/faculty/upload/children_colorblind.pdf)

# IT ALL STARTED WITH

She just wanted her dad to be healthy. What is so wrong with a heart made from Cheerios? This commercial has made news across the world and all medial and social outlets.

## CHEERIOS

When the commercial hit YouTube the comment section had to be turned off. So many racist remarks, people upset over Cheerios!!!! Or were they? The racism was and IS alive and hidden.

Watch the commercial <http://www.youtube.com/watch?v=kYofm5d5Xdw>

Now, watch the reactions of kids <http://www.youtube.com/watch?v=VifdBFp5pnw>

Today NEWS <http://www.today.com/news/cheerios-ad-mixed-race-family-draws-racist-responses-6C10169988>

*What are we teaching children?*



## *What class should all schools teach but don't? Survey response*

A survey on Facebook by Take part.com listed classes people think all schools should teach but don't.

Personal Finance. Live within your means, What it means to pay taxes, how to budget, what are short term loans, dangers of credit cards, importance of saving, home buying and student load debt management.

Home Economics: How to properly manage a home with SKILLS like cooking/nutrition, light home repair, design, sewing/mending, how to clean and budget.

Tolerance: Promote appreciation for different cultures from around the world.

Entrepreneurship: Widen their future job prospects, empower them to be more self reliant. Instead teaching toward a job, how to create your own!

Meditation: To teach how to increase focus and lower levels of stress. Amazing how 10 minutes of relaxation and refocus the brain.

Emotional Development: Develop students' manners and emotional intelligence. Many believe this would cut down bullying and empower kids to advocate for themselves.

Service: Service to their communities such as cleaning parks, volunteering in soup kitchens. This allows them to know their community and have knowledge to make decisions.

Interpersonal Relationships: The important of honest and comprehensive parenting classes and family dynamics.

## *State of Indian Education Report*

Download full report: [http://www.edtrust.org/sites/edtrust.org/files/NativeStudentBrief\\_0.pdf](http://www.edtrust.org/sites/edtrust.org/files/NativeStudentBrief_0.pdf)

"In recent years, we as a nation have taken the critical step of acknowledging the gaps in opportunity and achievement that have for far too long consigned too many young people — particularly low income students and students of color — to lives on the margins of the American mainstream. And with this acknowledgment has come some real progress. Although we still have a long way to go, national assessment data show that in both fourth and eighth grades, students in most ethnic groups are reading and doing math better today than they were in the early 2000s, and longstanding gaps separating different groups of students are narrowing."

"Amidst all this progress, though, one group stands apart: Native students, a group that includes American Indian and Alaska Native youth.<sup>1</sup> Unlike achievement results for every other major ethnic group in the United States, those for Native students have remained nearly flat in recent years, and the gaps separating these students from their white peers have actually widened. Indeed, while Native students performed above black and Latino students in both fourth-grade reading and eighth-grade math in 2005, by 2011, that lead had all but disappeared." — Policy Brief by Education Trust on the State of Education for Native Students



## *Program teaches children a second language when their brains are most ready for it*

[Lincoln Journal Star, August 16, 2013](#)

[http://journalstar.com/lifestyles/family/program-teaches-children-a-second-language-when-their-brains-are/article\\_bff7bc1b-6406-5247-89a0-d8daabc1d763.html](http://journalstar.com/lifestyles/family/program-teaches-children-a-second-language-when-their-brains-are/article_bff7bc1b-6406-5247-89a0-d8daabc1d763.html)

This summer, children were able to immerse themselves in Spanish through The Language Project camps offered at Lost in Fun and Beattie Elementary School. TLP programs will be offered in 10 Lincoln elementary schools, five child care centers, and Lost in Fun this fall.

## **The Museum of Nebraska Arts presents Chinese Calligraphy: Zhang Zhenzhong The Art of Symbols**

With a history dating back to 4,000 B.C. in China, calligraphy is the artful writing of language symbols or characters. This visual art form features characters that are dynamic and closely bound to the forces of nature and the energies of the human body while contained within a balanced framework. The Museum of Nebraska Art has the honor to exhibit the work of Chinese professor and artist Zhang Zhenzhong in conjunction with the James E. Smith Midwest Conference on World Affairs at the University of Nebraska Kearney.

Trauma is not a diagnosis but rather an experience. Children and adolescents who have been severely abused, neglected or marginalized aren't just experiencing what we might call "fear"—this word is much too small. What they are experiencing is terror. Trauma occurs following any experience when feelings of powerlessness and a complete lack of security persist, even when the threat is over. Trauma can be violent or non-violent and is determined entirely by the perception of a person's experience. This means that an incident might be traumatizing to one person, but not be traumatizing to another. When

# WHEN

# Cognitive INTERVENTIONS FAIL

*Dr. Caelan Kuban  
National Institute for Trauma  
And Loss in Children*

trauma is experienced, a spiraling constellation of debilitating symptoms and behavior remain.

When the brain is faced with traumatic experiences it doesn't shut down, it shifts. The

"reasoning" part of the brain gives way to the more primitive mid-brain, where everything is about instinct and survival. Cognitive processes become limited while the sensory reactions to terror dominate. Fight, flight or avoidance reactions are common. When traumatized, we reframe memories and behaviors in ways that may not make sense to others, or even ourselves, but make perfect sense to a brain grappling to protect itself from danger. As counter-intuitive as it may seem,

the symptoms and behavior issues resulting from these mid-brain responses to trauma are evidence of inner resilience and an attempt to survive.

Being trauma informed means that we don't dictate or preach, but instead invite traumatized individuals to become active participants in their own healing. We can accomplish this by engaging participants in sensory-based and mind-body activities that encourage exploration of trauma themes, such as worry, hurt and anger that are impacting their lives. We strive to move participants from victim to survivor thinking as they participate in individual or group activities. [Read more](#)

[http://www.reclaiming.com/content/node/353?utm\\_source=emailcampaign18&utm\\_medium=phpList&utm\\_content=HTMLemail&utm\\_campaign=August+e-newsletter](http://www.reclaiming.com/content/node/353?utm_source=emailcampaign18&utm_medium=phpList&utm_content=HTMLemail&utm_campaign=August+e-newsletter)



courtesy of Alliance for Healthier Generation

## *The Apple Doesn't Fall Far from the Tree*

Learning occurs during our children's development through observation and imitation. So we as parents, caregivers, and educators need to be more

conscious of our health and anchor positive healthy living models.



## *Fruit and Veggie Time*

Most of young people's calories are consumed at home. Set the example, have fresh cut up fruits and vegetables in the fridge instead of a cookie or cracker. Only 27% of American eat vegetables

three or four times a day where as 20% of high school students eat five daily servings of fruits and vegetables.

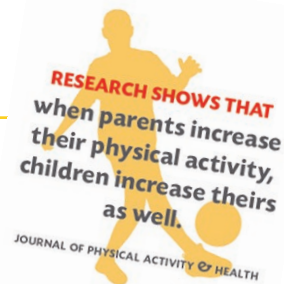
## *USDA Smart Snack Guidelines*

New policy June 2013 setting standards for snacks and drinks served in schools. To begin 2014-15, these guidelines apply to vending machines, school stores, snack carts and a la carte lines.

Tools you need to implement this "Smart" idea are available at [https://schools.healthiergeneration.org/wellness\\_categories/healthy\\_vending/?utm\\_source=HSP+-+August+-+2013&utm\\_campaign=Three+Things%3A+August+2013&utm\\_medium=email](https://schools.healthiergeneration.org/wellness_categories/healthy_vending/?utm_source=HSP+-+August+-+2013&utm_campaign=Three+Things%3A+August+2013&utm_medium=email)

## *Helping Teachers Get Healthier at their Desk*

1. Stretch your spine for 1 minute
2. Run in place for 60 seconds
3. While seated, pump both arms over your head for 30 seconds while tapping feet on floor.
4. Take the stairs
5. Do reps of 10 lunges
6. EAT HEALTHY
7. Make sure your desk/chair are at proper heights.
8. Sit in your chair, extend one leg out straight in front of you. Hold for two seconds, raise as high as you can for 2 additional seconds. Repeat 15 times for each leg.



## **Educational Resources** **Opportunity is just a click away!** **CONNECTION**

**Teachinghistory.org:** This site is designed to help K-12 history teachers access resources and materials to improve U.S. history education in the classroom. Provides lesson plans and best practices. Funded by the U.S. Department of Education and the Center for History and New Media.

**International Children's Digital Library:** Provides free access to high-quality digital books from around the world. Offers books for kids [3-5](#), [6-9](#), and [10-13](#). <http://en.childrenslibrary.org/>

**Philosophy for Kids:** Dedicated to helping adults conduct philosophical discussion with elementary school

children, this site uses well known picture books to raise philosophical questions — for example [Harold and the Purple Crayon](#), [Harry the Dirty Dog](#), [The Cat in the Hat](#), various *Frog and Toad stories* and much [more](#). The site is run by Tom Wartenberg at Mount Holyoke. [http://www.teachingchildrenphilosophy.org/wiki/Main\\_Page](http://www.teachingchildrenphilosophy.org/wiki/Main_Page)

**100,000 Stars:** An interactive visualization of—you guessed it—more than 100,000 stars. 100,000 Stars was created by Google using data from NASA and the European Space Agency. Before you experience the map, you will need to [download the Chrome browser](#).

**Science Kids:** Provides educational resources for teachers and parents to help make science fun and engaging for kids. Features fun activities, facts, projects and experiments that promote a desire amongst kids to learn more about science and technology. Promotes writing and reading, grades 2-4.

<http://www.sciencekids.co.nz/>





Strong Nations Publishing Inc.

Books with lesson plans

<http://www.strongnations.com/>



### Dwight Howe Cultural Presentation

Dwight currently resides in Rosalie, Nebraska on the Omaha Indian Reservation. He works as a cultural mentor and teaches the Omaha language.

### "Up the River We Came"

The story of the Omaha and Ponca Tribes as told by Dwight Howe

Sunday  
**October 23**

2:00 PM  
John Neihardt Museum  
Bancroft NE

<http://www.neihardtcenter.org/>

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Date: October 16th, 2013  
Time: 4PM, EST

Check out how we flipped one of our favorite lessons:  
"Design and Build a Tangle-Free Headphone Holder!"

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Registration: <https://www2.gotomeeting.com/register/642888874>



# Resources

## [Spanish Heritage Month](#)

This site is loaded with materials, links to PBS specials and the Library of Congress.

## [Smithsonian Institute](#)

Educator Resources  
Virtual tour

## [PBS Celebrates!!!](#)

Special airing on each Tuesday

## [Just Read Families](#)

A long list of interesting Hispanic books from grade Kindergarten through adult.

## [National Gallery of Art Visitor's Guide](#)

Great virtual tour of art

[Multicultural Newsletters](#). Our newsletters from past year full of Hispanic heritage information.

**National Hispanic Heritage Month** is the period from September 15 to October 15 in the United States, when people recognize the contributions of [Hispanic and Latino Americans](#) to the United States and celebrate the group's heritage and culture.

Hispanic Heritage Week was approved by President Lyndon Johnson and the length of it was expanded by President Ronald Reagan in 1988 to cover a 30-day period (September 15 - October 15). It was enacted into law on August 17, 1988 on the approval of [Public Law 100-402](#).

"September 15 was chosen as the starting point for the celebration because it is the anniversary of independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. They all declared independence in 1821. In addition, Mexico, Chile and Belize celebrate their independence days on September 16, September 18, and September 21, respectively."

Hispanic Heritage Month also celebrates the long and important presence of Hispanic and Latino Americans in North America, starting with the discovery of America by Christopher Columbus on the morning of October 12, 1492. A map of late 18th century North America shows this presence, from the small outpost of San Francisco founded in the desolate wilderness of Alta California in 1776, through the Spanish province of Texas with its vaqueros (cowboys), to the fortress of St. Augustine, Florida — the first continuous European settlement in North America, founded in 1565, decades before Jamestown, Virginia.



Franklin Chang-Dias  
Astronaut



Jennifer Lopez  
Singer, Actress



Sonia Sotomayer  
Associate Supreme Court Justice  
U.S. Supreme Court



Hilda Solis  
Secretary of Labor

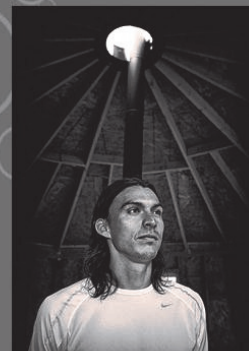


Donna DeVarona  
Olympic Gold Medalist in Swimming  
First Female Sports caster in Network TV

# Journey towards Transformation and HOPE

Introducing as Symposium Presenter

## Shaun Martin



Featured in the PBS documentary *Racing the Rez*.

"There is no way you'll improve if you don't have self-discipline," said Martin. "You can experience the highs, the easy fun stuff, the hard painful stuff and go through a spectrum of emotions, but at the end of day, if you work through the rough spots and the lows in your lives, you know you can get through anything."

-Shaun Martin



**October 7, 2013**  
**Wayne State College**  
**Registration \$15**  
*Deadline September 30, 2013*  
**Payable to ESU 1**

Each school in attendance will be in a drawing for Racing the Rez DVD.

Visit <http://www.education.ne.gov/mce>  
for registration forms

Mail registration forms and checks to



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## WEBINARS

### RECLAIMING YOUTH FALL SERIES

SEPT. 25 6 PM ET  
Beyond Academics: Making School Purposeful  
Dr. Steve Van Bockern

OCT. 23 1 PM ET  
Cultures of Respect  
Dr. Erik Laursen

NOV. 20 1 PM ET  
My Brain Made Me Do It! How the Brain Impacts Behavior  
Dr. Meredith White McMahon

DEC. 11 1 PM ET  
Enchanted with Chemicals  
Dr. Jamie C. Chambers

Registration: \$50  
<http://store.reclaimingjournal.com/events/webinars-july-december-2013.html>

## SOVEREIGN NATIVE YOUTH LEADERSHIP CAMP: Grades 7-12 NEBRASKA INDIAN AFFAIRS

November 2-4  
Mahoney State Park

Presenters: 1491's, Gyasi Ross, Frank Waln and others

SPONSORED BY:  
NEBRASKA COMMISSION ON INDIAN AFFAIRS

All forms and information:  
<http://www.indianaffairs.state.ne.us/leaders/>

## NIEA 2013

### "Building Education Nations and Communities"

October 29-November 3  
Rapid City, SD  
General pricing from \$400-\$650

Keynotes: Jefferson Keel, Lt. Governor of the  
Chickasaw Nation and David Coleman, President & CE,  
College Board

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National Indian Education Association

<http://www.niea.org/>

## 10th ANNUAL LATINO EDUCATION SUMMIT "Looking Forward: High School is Not Enough"

Monday, October 28, 2013  
Younges Conference Center, Kearney NE  
\$10 Registration Fee

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